

**Pinner Clinic, P.A.
Dr. Benjamin Pinner
32 River Street
Peak, SC 29122
Phone: 803-945-7475 Fax: 803-345-2832**

Procedure Date: _____ Time: _____

Place: Sandhills Endoscopy Center; 2631 Forest Drive, Columbia, SC
29204

***Endoscopy Center will call you the day before with your arrival time.
PLEASE ARRIVE 30 MINS EARLY FOR YOUR APPOINTMENT

START THE FOLLOWING DIET THE DAY BEFORE YOUR PROCEDURE

1. Begin a clear liquid diet, Clear means “anything you can read the newspaper through.” These items include: tea, water, Gatorade, apple juice, ginger ale, clear soups or bouillon, Jello, coffee, Coke, Sprite, hard candy popsicles, white grape juice, etc. **(AVOID RED, PURPLE OR ORANGE JELLO)**
2. At **10 a.m.** take **4 Dulcolax** laxative tablets by mouth.
3. At **4 p.m.** take **4 Dulcolax** laxative tablets by mouth.
4. At **8 p.m.** take **2 Dulcolax** laxative tablets by mouth.
5. **After midnight, have nothing to eat or drink. (Meds approved by physician can be taken with a small sip of water)**
6. The morning of your procedure, take one **4 ½ oz Fleets Enema per rectum 2 hours prior to leaving home.**

YOU WILL NEED THE FOLLOWING:

10 - DULCOLAX TABLETS

1 – 4 ½ OUNCE FLEET ENEMA

STOP TAKING:

_____ days prior to procedure